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- ♦ Set a two-year goal for establishing a practice center or centers where ongoing classes can be offered year-round on a collaborative basis by Guild Leaders.
 - ♦ Find more ways to familiarize new people with the work.
 - ♦ Actively support and encourage the members of the Leaders Guild

I look forward to working with the Board and the Sensory Awareness community on facing the challenges ahead.

Sincerely,

Richard Lowe

Letter from the outgoing SAF President

Dear Friends of the Sensory Awareness Foundation,

After 12 years as President and Executive Manager of the Sensory Awareness Foundation, I will step down from my position in June. Richard Lowe will then take over the leadership of the SAF and over the next 6 months I will support him in the transition.

At the same time, Tai Sheridan, who has shared the presidency with me for the past two years, is also stepping down. He has been of invaluable help to the Foundation in the years past with his keen nose for what is rotten, his bold ideas and his irresistible laughter. We are very glad to know that he will continue to be available to us as a consultant. Thank you, Tai!

Many of you know Richard Lowe as a longtime student and leader of Sensory Awareness and as a dedicated advocate of our work for many years. I am delighted that he will be my successor and I very much look forward to working with him over the next months – and beyond. As Richard mentions in his letter, we have already worked very closely - and very well - together for some time, both on the SAF Board of Directors and as editors of Reclaiming Vitality and Presence. I got to know him not only as someone with whom it is a pleasure to work but also as a very diligent, dedicated, passionate man who I know will give his utmost to the foundation in the time to come. I am very confident that under his leadership and with the support of our wonderful Sara Gordon and a great board of directors, the future of the foundation – and with that of Sensory Awareness – will be most prosperous.

I will not immediately leave the foundation, as mentioned above. Over the next months I will still be very active, preparing for the conference, promoting our new book and helping Richard ease into the position in which I have been immersed for all these years. After the end of this year I will still be available to the SAF in some way and will probably continue to edit the newsletter and maintain the website.

To step down from my position in the Foundation is a big step and it was not an easy decision. But the time is ripe for change, as I want to dedicate myself more fully to offering Sensory Awareness through workshops, classes and individual sessions. My work at this time is informed by grave concerns about the health of the earth and the wish to contribute to a new living connection with nature that is not limited by individuals' desires but responsive to life in all its awesome forms. I will dedicate a big part of my work to a project I call "Breathing Earth", in which I plan to explore our interconnectedness with all of nature with groups and individuals through Sensory Awareness.

Side by side with offering the work I am also planning to write about Charlotte Selver's life. In preparation for that I will collect stories about her. I was fortunate to be very close to Charlotte in the last years of her life and together we spent many hours recording her own memories and going through her archives. This material has been waiting to be worked with for some years now and I feel a great urgency to get to work on this project and talk with as many of her long-time students, friends and family members as I can. Over the next months I will work out a plan for this project and I look forward to sharing more about this with you later this year and to hear your stories.

"In other words," as Charlotte would say, I look forward to continued work with many of you in new ways.

Sincerely,

Stefan Laeng-Gilliatt

SAF Newsletter

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